



Shannon Brescher Shea

Sunday, April 23, 2023 at 11 AM

Join us to hear Shannon Brescher Shea share how belief and caring for the environment go hand-in-hand. Feel free to invite friends to engage this important topic.



Cultivating The Heart

Resuming this Thursday



Our weekly discussion group, Cultivating The Heart resumes on Thursday and will be online only. For more information and the Zoom link, visit churchinbethesda.org/cultivate.



Book Study & Discussion

Join us on the fourth Wednesday of each month at Anna's house to chat, snack, and read an excerpt from "Atlas of the Heart" by Brené Brown.

To join us, send us an email at office@churchinbethesda.org

*You are not required to purchase the book or read anything ahead of time.

Book Discussion

Join us on the fourth Wednesday of each month at Anna's house to chat, snack, and read an excerpt from "Atlas of the Heart" by Brené Brown.



For more info, email us at office@churchinbethesda.org.



MEDITATIONS FOR THE METRO
DAILY DEVOTIONS FOR BUSY LIVES

Change your life in 5 minutes.

Meditations For The Metro is a daily, five-minute episode of passages and perspectives set to music, tailored to seekers with busy lives.



Get more info at churchinbethesda.org/meditations.

THERE IS ~~NO~~ SUCH *a* THING AS A FREE LUNCH

Free food is distributed at 12:30 PM, Monday through Friday. No strings attached.
Get more info at churchinbethesda.org/lunch-program

Everyone Should Eat

If you are in need of meals, come to the back entrance of the church Monday through Friday at 12:30 PM for free food.



Get more info at
churchinbethesda.org/lunch-program.

MAY WE PRAY FOR YOU?

churchinbethesda.org/prayer

May we pray for you?

If you're celebrating something, we want to celebrate with you. If you're hurting, we want to carry that with you. Please visit our prayer page to share your requests with us.



Get more info at
churchinbethesda.org/prayer.

GIVE

Partner with us in our
good work in the world.

Generosity Is Worship

We invite you to partner with us in our good work by making a one-time or recurring donation. Your gifts enable us to be an even more engaging community.



Get more info at
churchinbethesda.org/cultivate.

Get updates from CiB

Sign up at churchinbethesda.org/get-updates.

Get Updates

CiB sends out periodic updates to keep our community up to speed on all that's going on. Updates are available via email and/or text and you may unsubscribe at any time.



Subscribe today at
churchinbethesda.org/get-updates.

DINNERS

LET'S BE FRIENDS.

churchinbethesda.org/dinners

Let's Be Friends

If you are new to CiB, or even if you've been with us for a long time, we would love to make you dinner. There's not agenda rather than making new friends.



Get more info at
churchinbethesda.org/dinners.